

**ST. ANTHONY'S PRE-SEASON  
BASKETBALL CLINIC REGISTRATION  
FORM**

PARTICIPANT'S NAME:

\_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_

School now attending:

\_\_\_\_\_

PARTICIPANT'S COMPLETE ADDRESS:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

EMAIL: \_\_\_\_\_  
*\*please be aware we communicate almost exclusively via email.*

HOME PHONE #: (    ) \_\_\_\_\_

CELL PHONE #: (    ) \_\_\_\_\_

EMERGENCY CONTACT:

\_\_\_\_\_

EMERGENCY CONTACT #:

\_\_\_\_\_

*I certify that the applicant is in good health to participate in the St. Anthony's Pre-Season Clinic, and I hereby authorize the directors of said clinic to act according to their best judgement in any emergency requiring medical attention.*

PARENT'S NAME:

\_\_\_\_\_

PARENT SIGNATURE:

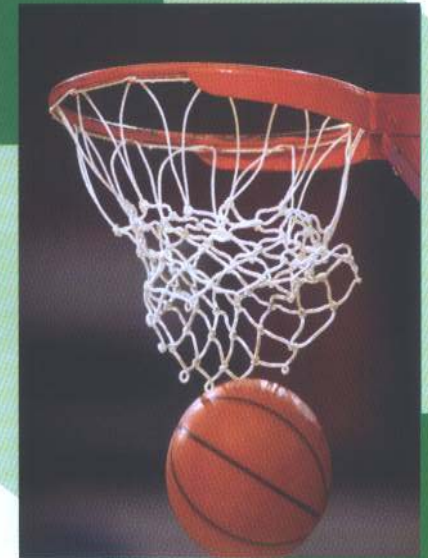
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**REGISTRATION FORM AND CHECK TO:  
GOLD STAR ELITE, INC.  
P.O. BOX 20351  
HUNTINGTON STATION, N.Y. 11746**



St. Anthony's  
Girls Basketball  
Clinic

**GIRLS PRE-SEASON  
BASKETBALL CLINIC  
GRADES 5-9**



**FOUR SUNDAY SESSIONS  
OCT. 4, 11, 18 & 25**

Time: 12:00-2:30pm  
at  
St. Anthony's High School

St. Anthony's Clinic Staff

CLINIC COORDINATOR:

Ken Parham  
Girls' Varsity Basketball Coach  
at St. Anthony's High School

VICE COORDINATOR:

Mike Petre Girls' Varsity Basketball Coach at  
North Babylon High School

CLINIC STAFF:

Ken Jordan  
St. Anthony's Girls' Varsity Asst. Coach

Molly Tubridy  
St. Anthony's Asst. Girls' Varsity Coach

Monique Small  
St. Anthony's Junior Vars. Girls' Coach

Dan Bailey  
St. Anthony's JV Asst. Girls' Coach

Joe Romeo  
St. Anthony's JV Asst. Girls' Coach

Colleen Fowler  
St. Anthony's Fresh. Girls' Coach

Peg Roberto  
St. Anthony's Fresh. Asst. Girls' Coach

St. Anthony's Clinic Information  
Dates: October 4, 11, 18 & 25

Place: St. Anthony's High School  
275 Wolfhill Road  
South Huntington, NY

Grades: 5th grade - 9th grade

Clinic Fee: \$175

Make checks payable to:  
Gold Star Elite, Inc.



Tentative Schedule:

12:00-1:00 Individual offense skill  
development- full and 1/2 court

1:00-2:00 Total skill development  
through teaching and drilling  
concepts and techniques.

2:00-2:30 Controlled scrimmage  
working on concepts taught in the  
clinic.

Topics Covered:  
I. Individual Offense-repeated each  
session. Competitive drill work.

- a. Fundamental scoring skills
- b. Mid-range scoring off the dribble
- c. Techniques for 3 point spot up shooting
- d. Post Moves
- e. Movement off the ball
- f. Form shooting and shooting technique
- g. Learning when to go one on one

II. Court Awareness- including floor  
balance, Communication skills, Transition  
Offense & Defense, emphasizing timing  
and spacing.

III. Ball Handling Techniques

IV. Passing

- a. Passing concepts and situations for  
various passes
- b. Feeding the post
- c. Passing out from the post
- d. Transition passing
- e. Passing concepts vs. zones

V. Fast Break Drills

- a. Fundamentals of the primary break

VI. Individual Defense

- a. Position and stance
- b. Playing the man with or without the ball
- c. Guarding the post
- d. Closing out and guarding dribble  
penetration